



Croydon High School

for girls aged 3-18yrs

GDST
GIRLS' DAY SCHOOL TRUST

GOVERNOR BIOGRAPHIES

Lesley Lipczynski – Chair of Governors

Mrs Lipczynski is the founder of WorkingWell Limited, a specialist health management consultancy whose focus is the proactive and cost-effective management of employee wellbeing and performance. A health management consultant with over 30 years of corporate consulting experience, she has a detailed knowledge of the challenges inherent in balancing frequently conflicting roles and responsibilities with 21st Century work demands and individual coping capacity as well as the potential impacts a lack of balance can have on employee psychosocial health and performance. Prior to starting WorkingWell in 1977, Lesley held a number of leadership and management positions within the private healthcare industry where she gained operational and leadership experience in national account management, marketing and product development, corporate business consultancy and employee development.

Mrs Lipczynski is one of the country's leading experts in the applied management of workplace stress, using approaches that have been refined and developed through considerable consulting experience with a wide variety of public and private sector organisations, both in the UK and overseas.

A regular speaker on the subjects of occupational stress, employee wellbeing and the relationship between employee mental health and business performance. Mrs Lipczynski has also contributed to a number of TV and Radio programmes on the subject of employee wellbeing, including Channel 4's highly acclaimed documentary *"Stressed Out"*. Mrs Lipczynski is co-author with the late Dr Stephen Williams of *'Dangerous Waters – Strategies for Improving Wellbeing at Work'* and *'Managing Workplace Stress – A Best Practice Blueprint'*, both published by John Wiley and Sons.

Mrs Lipczynski's two daughters both attended Croydon High School where she has been a Governor since October 2016 and Chair of Governors since September 2020.

Caroline Gulliver – Deputy Chair of Governors

Mrs Gulliver is a Managing Director at US Investment Bank, Jefferies International, and has over 20 years experience in financial markets as both an Investment Banker and a European Equity Research Analyst. Caroline is passionate about education and from 2013 to 2018 was Chair of Governors at an ARK Primary Academy in London, whilst also being a Finance Link Governor. She also held the role of Chair of the Finance at All Saints Church, Fulham from 2013 to 2018.

Mrs Gulliver was appointed a Governor in May 2019 and Deputy Chair in September 2020; her daughter attends a GDST school.

Professor Richard Cook – Parent Governor

Professor Cook qualified BDSHons from the University of London Guy's Hospital Dental School in 1989, having earlier been educated at RGS Guildford. He then worked for three years in Junior Hospital Dental Surgeon posts, graduating as a Dental Faculty Fellow FDS (Gold Medal) from the Royal College of Surgeons of England in 1993, before taking up his first Lecturer post within the then Guy's Hospital Dental School. He then transferred to University of Birmingham to complete his medical degree and after two years of junior medical jobs, completed his Membership in General Surgery from Royal College of

Surgeons of Edinburgh. He returned to the Guy's Hospital Campus, now as an integral part of King's College London, to undertake a PhD as an MRC Clinician Scientist. He continued his Oral Medicine training to consultant level, with a subsequent NIHR Clinical training Fellowship. Richard's Oral Medicine Consultant Fellowship FDS(OM)RCSEd was awarded in 2008 and he took up his consultant appointment at Guy's Campus in 2009, when he also completed his PGCAP, and was awarded Fellowship of the Higher Education Academy as a consequence, soon afterwards.

From September 2019 Richard became Professor/Hon Consultant and Academic Lead for Oral Medicine at the Guy's campus of KCL's Dental Institute. His research interests encompass optics, opto-diagnostics, and applications of non-invasive imaging, to human diagnosis and disease / treatment monitoring, with direct applications to pre-malignant / malignant disease in particular.

His Daughter was born in 2006 and has very much become a Croydon Girl, joining the senior school in the Michaelmas term of 2018.

His academic and clinical work is paralleled by activities to promote STEMM subjects and to ensure equality of opportunity for all aspiring students in admissions and when studying in college. He chaired the successful 2018/19 Athena Swann Silver application for KCL and continues to support equality and diversity.

Professor Cook was appointed a Governor in January 2021

Vidur Varma – Local Governor

Mr. Varma has over 24 years experience in consumer banking, wealth management, investments, insurance and payments, across private clients, affluent & mass affluent segments, and has worked in UK, Europe, Middle East, Africa and Asia.

He has worked with Citibank for 22 years, and his last role was as Director – Head of Wealth Management for Citibank UK and EMEA Citi International Personal Bank (offshore business).

As a global banker his expertise is in growing & transforming business, managing through economic crisis, driving financial performance, product management, product development, portfolio management, wealth management advisory, developing & launching value proposition, implementing technology & digital projects, and developing strategy for product & business launch.

He holds a Bachelor of Engineering (Electronics) and M.B.A. (Finance) from University of Pune, India. He has also done Oxford Fintech Program from Saïd Business School, University of Oxford.

He is passionate about investments, fintech, making sculptures and Yoga. He recently took a sabbatical and trained to be a Yoga teacher.

Both his daughters have studied in CHS, the older one is now studying Medicine in University of Manchester.

Mr Varma was appointed a Governor in February 2018.

Rebecca Evans – Local Governor

Rebecca is the Senior Deputy Head at St John's School Leatherhead. She is primarily responsible for staff professional development, admissions, bridging the gap between the pastoral and academic side of the school and inspection preparation. Her previous experience includes Head of Mathematics and resident tutor in a full boarding school. She is currently completing a Masters in Teacher Education at Oxford University.

Mrs Evans was appointed a Governor in January 2019.

Mrs Ros Broyd - Local Governor

Mrs Broyd's links with Croydon High School span more than 50 years. Moving to the Croydon area at the age of 14, she became a pupil in the senior school. Many years later her own daughter attended the school from Nursery to the Sixth Form and Mrs Broyd joined the teaching staff where she shared her passion and skills in Drama for 19 years.

Mrs Broyd holds a Bachelor of Education degree from Newnham College, Cambridge and has wide experience of teaching in primary and secondary schools in both the public and independent sectors. A class teacher in the initial years of her career, she discovered that her greatest passion lay in sharing her skills and expertise as a Drama specialist and she developed a rich programme of study in the Junior School. She has directed and made costumes and props for countless productions during her career at Croydon High as well as being involved in external amateur companies and youth theatre groups.

Preparing pupils for LAMDA examinations has been an important part of Mrs Broyd's work at Croydon High over the years. Many have developed their confidence in public speaking through these classes and have achieved exceptional results in a variety of disciplines.

Retiring from the staff of Croydon High in 2022, it is with complete commitment to the school that Mrs Broyd is looking forward to the transition of her role from pupil, to parent, to teacher and now to a member of the Governing Body.

Mrs Broyd was appointed a Governor in February 2023.

Ms Nailah Fraser-Haynes - Local Governor

Ms Fraser-Haynes is a Senior Partnerships and Knowledge Exchange Manager at the Rail Safety and Standards Board, an independent safety, standards, and research body for the GB rail network. She is also a champion for Health and Wellbeing at work.

She has over 10 years' experience in relationship management, brand development, and strategic partnerships, including planning and strategy development for collaborative partnerships and networks.

Passionate about communication, she holds a Bachelor of Arts in English Literature and Language from King's College London, and in her spare time enjoys reading, reviewing, and blogging about books.

As an alumna, Ms Fraser-Haynes has lived the Croydon High experience first-hand, and still has fond memories of her time in the Senior School. She looks forward to continuing to support its mission in this role as a Governor, to empower girls and young women, and encourage learning without limits.

Ms Fraser-Haynes was appointed a Governor in February 2023.