



SPORTS CO-CURRICULAR

Alis Propriis Volat
She flies with her own wings
Autumn Term 2022



Croydon High School
for girls aged 3-18

GDST
GIRLS' DAY SCHOOL TRUST



Develop your skills, try something new, challenge yourself.

The co-curricular provision at Croydon High School allows you to create your own individual programme of activities, events, clubs and enrichment. In this booklet you will find just a selection of the sport activities that will be on offer.





Before School		
Y7-13 Cross Country	7.25—8.15 am	Meet at Sports Block
Senior Lunch		
Y10 Netball	12.30—1.00 pm	Netball Courts
Y7 & 8 Football	1.00—1.30 pm	Meet at sports block
Y7-9 Development Swim Squad	1.00—1.30 pm	Swimming Pool
After School		
Y7 Cricket Academy	4.00—5.00 pm	Sports hall
Y11-13 Senior Hockey	4.00—5.15 pm	Astro
Y8 Cricket Academy	5.00—6.00 pm	Sports hall





Before School		
Y10 Netball	7.20—8.20 am	Netball courts
Y9 Hockey	7.20—8.20 am	Astro
Senior Lunch		
Y7-13 Recreational Swim	1.00—1.30 pm	Swimming pool
Y8 Netball	1.00—1.30 pm	Netball courts
Y9 Netball	12.30—1.00 pm	Netball courts
Y9—13 Badminton	12.30—1.00 pm	Sports hall
After School		
Y11-13 Senior Netball	4.00—5.15 pm	Netball courts
Y7 Netball	4.00—5.15 pm	Netball courts
Y8 Hockey	4.00—5.15 pm	Astro





Before School		
Y7-13 Swim Squad	7.25—8.15 am	Swimming Pool
Y10 Hockey	7.25—8.15 am	Astro
Senior Lunch		
After School		
Y8 Netball	4.00—5.15 pm	Netball Courts
Y8—13 Waterpolo	4.00—5.15 pm	Swimming Pool
Y7 Hockey	4.00—5.15 pm	Astro





Before School		
Y7 Hockey	7.25—8.15 am	Astro
Y8 Hockey	7.25—8:15 am	Astro
Senior Lunch		
Y8—13 Tag Rugby	1.00—1.30 pm	Meet at Sports block
Y7 Netball	1.00—1.30 pm	Netball Courts
Y9 Hockey	12.45—1.30 pm	Astro
After School		
Y10 Hockey	4.00—5.15 pm	Astro
Y9 Netball	4.00—5.15 pm	Netball Courts





Before School		
Y7—13 Cross Country	7.25—8.15 am	Meet at Sports Block
Senior Lunch		
Y9 & 10 Football	12.30—1.00 pm	Meet at Sports block
Y9—13 Pilates/Yoga	12.30—1.00 pm	Dance Studio
Y7 & 8 Gymnastics Club	1.00—1.30 pm	Gymnasium
Y7 & 8 Sportshall Athletics	1.00—1.30 pm	Sports Hall
After School		
Y7-13 Hockey Goalkeeping	4.00—5.00 pm	Astro
Y7-11 Gymnastics Squad	4.30—5.30 pm	Gymnasium
Y9-12 Cricket Academy	5.00—6.00 pm	Sports Hall



