



RELATIONSHIPS AND SEX EDUCATION POLICY

Policy Reviewed: Jun 21

Policy to be Reviewed: Jun 22

Responsibility for Review: I/C PSHEe

Aims of Relationship and Sex Education

Relationship and Sex Education is a legal requirement from 2020 and an educational entitlement of all pupils and, as such, should form an integral part of each student's emergence into adulthood. All issues are treated in a manner which is appropriate to the age and development of the pupil. The school's equal opportunities policy is subsumed in the sex and relationships education policy.

We aim:

- to present information to the students in an objective and balanced manner so as to enable students to comprehend the range of social attitude and behaviour in present day society;
- to encourage students to become aware not only of moral but also the legal implications of their codes of behaviour, as far as this knowledge can be introduced in ways appropriate to the age group in question;
- to enable students to consider their own attitudes and to make informed, reasoned and responsible decisions about the attitudes they will adopt both while they are at school, at home and in adult life;
- to develop self-esteem, self-respect and a positive self-image so that an understanding of a sensitivity to different lifestyles needs and feelings of others is gained;
- to help students appreciate the dangers of sexual promiscuity and the advantages of stable and caring personal relationships, such as envisaged in marriage;

- to encourage students to have due regard for moral considerations and the value of family life;
- to provide an appropriate vocabulary for discussing health and social issues;
- to encourage consideration for others regardless of gender, race, religion, disability and sexual orientation;
- to encourage personal responsibility in all forms of behaviour;
- to provide support and information for young people and their parents.

Programme of Study:

Key Stage 3

Y7

Changes in puberty
 Personal hygiene
 Puberty and Reproduction – delivered through Biology
 Managing Feelings and emotions
 Getting Help and Support
 Friendships & Bullying
 Same-sex families
 Single parent families

Y8

Friends and Friendships
 Personal Hygiene
 Talking about Sex, Sexual Identity and Relationships
 Conception and Pregnancy
 An Introduction to Contraception
 Consequences of Sexual Activity & Social Pressures on Young People
 Self-Esteem

Y9

Recognising and Managing Risk
 Reasons to have Sex or Delay
 Different Contraceptive Methods
 An Introduction to STIs
 Becoming an Adult
 Grooming

Key Stage 4

Teenage Pregnancy
 Sexual Responsibility
 Condoms

Consent
Same-sex Relationships and Homophobia
Separation and Divorce
Contraception Round Up and Unanswered questions
STIs, HIV & AIDs
Parenthood & Teenage Pregnancy
Abortion
Sexual Health Services

Key Stage 5

Chlamydia Screening
AIDS Awareness
Sexual Health Services
Breast Checking
Internet Safety
Young Adult Sexual Relationship Awareness

Promotion of Fundamental British Values

As part of the school's spiritual, moral, social, and cultural development of pupils, many of the topics covered by the PSHEe curriculum actively promote the fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different and beliefs.

For further information, please refer to the 'Promotion of British Values and Prevention of Radicalisation Policy.'

LGBT issues

As part of the school's RSE programme, we deliver a curriculum which aims to be inclusive for all pupils, and in doing so, we cover topics such as same-sex families, gender identity, sexual orientation and homophobia. See sperate LGBT policy.

Other Specific Issues

The following issues may occur as part of Relationship and Sex Education. Staff, parents and pupils need to be aware of the school's procedures.

(a) Confidentiality and advice

Pupils will be made aware that some information cannot be held confidential and that if certain disclosures are made certain action will ensue. At the same time, pupils will be offered sensitive and appropriate support. The following procedures will be adhered to by all adults:

- **Disclosure of sexual/physical abuse** – the school's child protection procedure will be invoked (see policy)
- **Disclosure of pregnancy or advice regarding contraception** – professional information and advice can be sought from the school nurse.

The school will always encourage pupils to talk with their parent(s) first. If this takes place subsequent responsibility then lies with the parent(s).

If pupils refrain from telling the parent(s) they can seek support from the school nurse who will refer them to a health professional. The nurse will report the disclosure to the Head. The Head will then seek further advice from the health professional about informing parents.

(b) Parental Partnership

The Education Act 1993 which gave parents have the right to withdraw their children from all or part of the sex and relationship education programme no longer applies from the age of 15.

Any complaints about the sex and relationship education curriculum should be made to the Head.

Evaluation, Monitoring and Review

The Relationship and Sex Education programme within PSHEe will be monitored by the Head of PSHEe in consultation with the PSHEe teachers, Deputy Head and Head. From time to time in PSHEe lessons girls are asked for their evaluation of the programme, where considered relevant and their suggestions are sometimes incorporated in the subsequent year's programme.

Elements of Relationship and Sex Education within the Biology and Religious Studies curriculum will be evaluated through the subject curricular systems.

Dissemination of the Policy

The policy will be available to all staff on the school portal.

Parents will be able to see the policy on the school website or they can request a hardcopy from the Administration Manager.