



Croydon High School

for girls aged 3-18

September - October 2018

Sports Review



EVERY GIRL - EVERY DAY

Juniors

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Seniors & Sixth Form

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GDST
GIRLS' DAY SCHOOL TRUST

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Biathlon

JAGS Invitational Biathlon

- U10 team Isabel P 2nd individual.
- U12 team Gold medallists - Amber B, Francesca M, Beatrice P.
Amber 1st individual.
- U13 team Pippa C 2nd individual.
- U14 team Gold medallists - Amelia M, Sophia L, Ciara S
Amelia 1st individual.

Croydon High were placed 2nd overall in the senior competition.

Regional Biathlon qualifier - Whitgift School

- U11 team Bronze medallists – Isabel P, Juiliana G, Annette E
- U12 team Gold medallists – Francesca M, Beatrice P, Claudia F-A
Francesca 2nd individual
Beatrice 3rd individual
- U13 team Silver medallists - Pippa C, Amber B, Zara G
- U14 team Gold medallists – Amelia M, Marion C, Ciara S
Amelia 1st individual
- U15 Sophia L 3rd individual



We now wait for the ranking lists to see if any of our girls have qualified for the British Biathlon Finals in November and the National Schools' Finals in March. Watch this space with fingers crossed for our talented swimmers and runners!



Cross Country

The Junior and Senior Croydon Schools' Championships

We are awaiting the team results of the U8 and U9 team competitions but the top four scorers in each of these teams were as follows:

U8 Tabitha T 3 rd Isabelle H 12 th Kenzie I 18 th Feliz K 27 th	U9 Breanna J-D 1 st Champion Melody S-F 3 rd Luna C 19 th Oyinlola D 22 nd
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U10 Silver medallists	Isabel P 3 rd Delina S 22 nd Chloe D 30 th Poppy S 36 th
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U11 Silver medallists	Samantha M 2 nd Juilana G 24 th Sereana M 32 nd Caron C 41 st
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The Senior School Championships took place at Lloyd Park with 8 schools competing. All schools entered numerous teams and there were over 70 runners taking part in each race.

U12 Gold medallists	Zara G 1 st Champion Francesca M 2 nd Beatrice P 4 th Lucy R 5 th
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U13/U14 Gold medallists	Amelia M 1 st Champion Gaby M 2 nd Sophia L 3 rd Ciara S 5 th
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English Schools Cross Country Cup

The Surrey County first round always proves tough competition but our girls certainly did us proud.

The Junior team (Year 7 & 8) came 3rd and qualified for the regional finals which take place on Saturday 10 November. Congratulations go to Francesca M, Zara G, Amber B, Gaby M, Pippa C and Hannah K for an excellent competition. Good luck to you all in your preparations for the regional finals.

The Intermediate team (Year 9 & 10) came 5th and narrowly missed selection for the regional finals. Congratulations to Amelia M, Sophia L, Ciara Sand Tay B for their 100% commitment. We would like to wish Olivia T a speedy recovery and look forward to seeing her back training with the team again soon.



Cricket Academy

Our new Cricket Academy has been running this term on a Friday after school. Over 40 girls from both Junior and Senior schools have been learning new skills of the game.

We are very excited about the introduction of the game to our curriculum and extra-curricular timetable, and look forward to plenty of cricket fixtures in the summer term.



Gymnastics

The Gymnastics extra-curricular sessions are up and running with our coach Natasha, and the girls are working hard on their floor and vault routines for the Surrey and GDST competitions later on this academic year.

The first competition of the year was the Surrey Tumbling held on Friday 5 October, for U9, U11, U13 and U15 age groups. All our girls performed well with some great improvement. Well done girls and good luck for your floor and vault competitions later this year.



Hockey

The Hockey season is in full flow for all of our teams. The U19s played in the Surrey Hockey Trophy recently, and had an excellent day. They played City of London Freeman's School in the rounds winning 2-0, Ibstock Place and finally Reeds who we also beat 4-0.

In the Semi Final, we played Streatham and Clapham High School and won 1-0. We then played Ibstock Place again in the final; unfortunately losing 2-0 but the girls played extremely well all day and deserved their runners up position in the trophy competition. A special mention must go to Leah W who was top goal scorer for the day! A fabulous 5 goals scored throughout the tournament. Next half term we look forward to plenty of friendly matches as well as the U15 GDST Rally and the East Grinstead tournaments.



Laser Shooting

We have started our minibus service to Whitgift Pentathlon Academy on a Monday after school, for girls to attend laser shooting training sessions. This is becoming more and more popular amongst our girls, and it is a privilege to be working closely with Laura Gomersall at Whitgift to be able to offer this service to our girls.

If you would like your daughter to try laser shooting for the first time, please contact Laura at Whitgift for further information - gomersallj@whitgift.co.uk



Netball

The Netball season got off to a flying start this year.

We hosted the U11 A-E Tournament this half term. Six different schools were invited - Sydenham High, St David's (Purley), Granville, St Christopher's, Old Palace, and Cunnor House - a total of 22 teams. All of our girls in Year 6 competed across 5 teams. A great experience for them and fantastic that every single girl had the experience of playing competitively in a netball tournament.

What a start for the U12s who have just entered the senior school. They are displaying much enthusiasm for the game and there is certainly a lot of potential amongst them. All teams remain undefeated after their first 2 school matches.

The U13s, U15s and U19s entered into the Independent Schools' National Netball Cup. In the first round matches, the U13s played King Edwards Southampton and won 22-20 in a very tense final quarter. The U15 team were given a bye in the first round and look forward to their 2nd round game after half term and the senior team lost in a competitive game against Latymer Upper.

The U13 team won the Bromley High versatility tournament.

The U14 A, B and C teams had a wonderful weekend away at Conover Hall, Shropshire at the very beginning of term and they certainly bonded well! Congratulations must go to the A team who finished as runners up of this tournament.

The U15s travelled to Northampton for the annual GDST rally and they played their hearts out all day. They finished 7th out of 23 teams with only a couple of narrow losses. This team has such exciting potential.

On Thursday 11 October, the U14 and U15s had their Surrey Netball tournament at Surbiton High School. Both teams played very well and won the majority of matches against tough opposition.

The U19s played in their Surrey Tournament on Friday 5 October. They had a tough draw and played against some teams who played in the regional rounds last year. However, our girls, in a newly formed team, played well and showed promising signs for the future.



Swimming

Our first Swimming gala of the year took place on Tuesday 9 October v Woldingham for our U12 and U13 A & B teams. With full teams, we took on Woldingham at home and had a very convincing performance all-round. We won both age groups with a huge final score. Well done girls, we very much look forward to future galas.

Our senior girls also performed brilliantly in the qualification round for the English Schools' Swimming Championships. Our junior freestyle and medley teams finished in 2nd place and our intermediate teams finished 1st and 2nd in the freestyle and medley relays respectively. The teams are now crossing their fingers to see if they have qualified for National finals.

Our junior school swimming squad travelled to Northampton for the GDST Swimming gala. Our finalists were as follows -

Bethan W	4th 50m Breaststroke
Olivia M	5th 50m Butterfly
Ella O	2nd 25m Backstroke
Josie L	3rd 25 m Breaststroke
B Team Medley Relay	3 rd place
B Team Free Relay	4 th place

Congratulations girls – well done for making 6 finals and congratulations to Year 4 Josie who has a very bright future in the pool.



Tennis

Our Year 7 & Year 8 LTA Tennis Team consisting of Sienna M, Lauren B, Eloise C, Pippa C and Hannah K qualified for the finals of this competition after playing some excellent tennis, both singles and doubles, in the summer term. The latter rounds of this competition were played early in this term. We played Kingston Grammar in the semi-finals, and won convincingly. We were then due to play Ibstock place, but they gave us a bye and the girls then faced Tormead in the final. We played at home and it was an extremely close match. There were some fantastic rallies across all courts and although we did not win, we were very proud of our girls fighting for every point. Well done to you all!

We are lucky enough this year to be continuing our tennis coaching with Paul throughout the autumn term. Paul is in school on the following days and if your daughter would like to join one of Paul's sessions please contact – pcoopertennis@hotmail.co.uk

Junior School

Reception to Year 3 - Thursdays - 3.30pm- 4.30pm

Year 3 & 4 – Tuesdays - 12.30pm-1.00pm

Year 5 & 6 – Thursdays - 12.30pm-1.00pm

Reception, Year 1 & 2 – Fridays 12.30pm-1.00pm

Senior School

Year 7 – Tuesdays - 1.00pm – 1.30pm

Year 8 & 9 – Fridays - 1.00pm – 1.30pm

Click [here](#) for all sports results



Outstanding Individual Achievements

Amelia M	10 th overall in European Biathlon Championships. Won team silver. Amelia has qualified to represent team GB at the World Biathlon Championships in Egypt later this year.
Amber B	9 th and 4 th in the mixed relay biathlon at the European Biathlon Championships. Amber has also achieved her 1 st Surrey swim time in the 50m Breaststroke.
Marion C	Bronze medal in the 50m freestyle at the Swim England Nationals. Marion has now been selected for the National Talent Programme.
Pippa C	15 th in the 2K English National Open Water Championships.
Tay B	Selected to represent England South in the Laser Run at the UK School Games.
Gabriella M	Represented Bromley and Blackheath Harriers in the Youth Development National Clubs League Final. She won her 1200m race and the club finished 2 nd
Maddie H	Maddie and her gymnastics club represented GB at the Malta International Championships. Maddie won gold on the vault, 2 silvers on the beam and floor and a bronze on the bars.
Mya L-P	Selected for the U18 ISFA girls National representative football team
Francesca M	Francesca was a member of the Whitgift Modern Pentathlon team who won silver at the British Triathlon Championships.
Franky L	Won bronze in the British Triathlon London Regional Junior Series for 17-19 year olds.
Sajni S	Selected for the Surrey U16 badminton team.
Eleanor H	Selected for the Surrey U16 football squad.
Poppy K	Selected to compete in the Surrey County Tennis Championships. She has won the David Lloyd club championships (orange level) for the 4 th year in a row and will be competing at regional level next month.

These fantastic achievements are down to the dedication and hard work of our pupils. Please continue to let us know of any sporting achievements outside of school by emailing l.head@cry.gdst.net – we are always very happy to celebrate these.



Finally, we would like to wish all girls and staff an amazing netball and hockey tour to Barbados. We have no doubt that you will make many lifelong memories!