



## **SEX AND RELATIONSHIPS EDUCATION POLICY**

Policy Reviewed: Jun 17

Policy to be Reviewed: Jun 18

Responsibility for Review: I/C PSHEe

### **Aims of Sex and Relationship Education**

Sex and Relationship Education is an educational entitlement of all pupils and, as such, should form an integral part of each student's emergence into adulthood. All issues are treated in a manner which is appropriate to the age and development of the pupil. The school's equal opportunities policy is subsumed in the sex and relationships education policy.

We aim:

- to present information to the students in an objective and balanced manner so as to enable students to comprehend the range of social attitude and behaviour in present day society;
- to encourage students to become aware not only of moral but also the legal implications of their codes of behaviour, as far as this knowledge can be introduced in ways appropriate to the age group in question;
- to enable students to consider their own attitudes and to make informed, reasoned and responsible decisions about the attitudes they will adopt both while they are at school, at home and in adult life;
- to develop self-esteem, self-respect and a positive self-image so that an understanding of a sensitivity to different lifestyles needs and feelings of others is gained;
- to help students appreciate the dangers of sexual promiscuity and the advantages of stable and caring personal relationships, such as envisaged in marriage;
- to encourage students to have due regard for moral considerations and the value of family life;

- to provide an appropriate vocabulary for discussing health and social issues;
- to encourage consideration for others regardless of gender, race, religion, disability and sexual orientation;
- to encourage personal responsibility in all forms of behaviour;
- to provide support and information for young people and their parents.

### **Programme of Study:**

#### **Key Stage 3**

##### **Y7**

Changes in puberty  
 Personal hygiene  
 Puberty and Reproduction – delivered through Biology  
 Managing Feelings and emotions  
 Getting Help and Support  
 Friendships & Bullying  
 Same-sex families  
 Single parent families

##### **Y8**

Friends and Friendships  
 Talking about Sex, Sexual Identity and Relationships  
 Conception and Pregnancy  
 An Introduction to Contraception  
 Consequences of Sexual Activity & Social Pressures on Young People  
 Self-Esteem

##### **Y9**

Personal Hygiene review  
 Recognising and Managing Risk  
 Reasons to have Sex or Delay  
 Different Contraceptive Methods  
 An Introduction to STIs  
 Becoming an Adult  
 Grooming

#### **Key Stage 4**

Love and Marriage  
 Sexual Responsibility  
 Condoms  
 Consent  
 Same-sex Relationships and Homophobia

Separation and Divorce  
Contraception Round Up and Unanswered questions  
STIs, HIV & AIDS  
Parenthood & Teenage Pregnancy  
Abortion  
Sexual Health Services

### **Key Stage 5**

Chlamydia Screening  
AIDS Awareness  
Sexual Health Services  
Breast Checking  
Internet Safety  
Young Adult Sexual Relationship Awareness

### **Promotion of Fundamental British Values**

As part of the school's spiritual, moral, social, and cultural development of pupils, many of the topics covered by the PSHEe curriculum actively promote the fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different and beliefs.

For further information, please refer to the CHS 'Promotion of British Values and Prevention of Radicalisation Policy.'

### **LGBT issues**

As part of the school's SRE programme, we deliver a curriculum which aims to be inclusive for all pupils, and in doing so, we cover topics such as same-sex families, gender identity, sexual orientation and homophobia.

### **Other Specific Issues**

The following issues may occur as part of Sex and Relationship Education. Staff, parents and pupils need to be aware of the school's procedures.

#### **(a) Confidentiality and advice**

Pupils will be made aware that some information cannot be held confidential and that if certain disclosures are made certain action will ensue. At the same time, pupils will be offered sensitive and appropriate support. The following procedures will be adhered to by all adults:

- **Disclosure of sexual/physical abuse** – the school's child protection procedure will be invoked (see policy)
- **Disclosure of pregnancy or advice regarding contraception** – professional information and advice can be sought from the school nurse.  
The school will always encourage pupils to talk with their parent(s) first. If this takes place subsequent responsibility then lies with the parent(s).

If pupils refrain from telling the parent(s) they can seek support from the school nurse who will refer them to a health professional. The nurse will report the disclosure to the Head. The Head will then seek further advice from the health professional about informing parents.

### **(b) Parental Partnership**

Under the Education Act 1993 parents have the right to withdraw their children from all or part of the sex and relationship education programme. Parents wishing to exercise that right are to make an appointment to meet the Head to discuss the issues. They are under no obligation to do so. Once a child has been withdrawn they cannot take part in later sex and relationship education without parental approval.

Any complaints about the sex and relationship education curriculum should be made to the Head.

### **Evaluation, Monitoring and Review**

The Sex and Relationship Education programme within PSHEe will be monitored by the Head of PSHEe in consultation with the PSHEe teachers, Deputy Head and Head. From time to time in PSHEe lessons girls are asked for their evaluation of the programme, where considered relevant and their suggestions are sometimes incorporated in the subsequent year's programme.

Elements of Sex and Relationship Education within the Biology and Religious Studies curriculum will be evaluated through the subject curricular systems.

### **Dissemination of the Policy**

The policy will be available to all staff on the school portal.

Parents will be able to see the policy on the school website or they can request a hardcopy from the Administration Manager.